

WEEKLY MEALS

WEEK'S MENU
KITCHEN

M:

CHICKEN FRIED RICE

T:

CHICKEN, RICE & BROCCOLI

W:

PORK CHOP, WARM POTATO SALAD & SALAD

T:

CHICKEN, APPLE & SPINACH QUESADILLAS*

F:

SHEPHERDS PIE*

S:

TACOS

S:

THANKSGIVING MEAL!